

Luminis Health Anne Arundel Medical Center

PGY-1 Pharmacy Residency Program

Preceptor Introductions



Residency Program Director & Director of Pharmacy Services

Sahil Sheth, PharmD, BCCCP, received his Doctorate of Pharmacy from the University Of Maryland Eastern Shore - School of Pharmacy. He then went on to complete a PGY-1 residency at Suburban Hospital - Johns Hopkins Medicine where he focused primarily on antimicrobial stewardship and critical care medicine. After finishing his residency, he joined UMES – School of Pharmacy as an Assistant Professor of Pharmacy Practice and practiced in the medical and cardiothoracic intensive care units at Peninsula Regional Medical Center, where he served as the critical care pharmacy specialist. In 2019, Sahil joined the team at Luminis Health Anne Arundel Medical Center (LHAAMC) as the clinical pharmacy manager, where he focused on integrating and expanding clinical pharmacy services across Luminis Health System, as well as overseeing the Pharmacy Residency Program.

Currently, Sahil is the Director of Pharmacy at LHAAMC, overseeing inpatient as well as outpatient services on the campus. In his free time, he enjoys traveling, wine tasting, playing tennis, and watching NFL on Sundays.

Preceptor for: Administration and Management



Residency Program Coordinator

Wai Chan, PharmD, BCPS, graduated magna cum laude with a Doctorate of Pharmacy from the University of Maryland School of Pharmacy in 2016. Following his graduation, he completed his PGY-1 residency at TidalHealth Peninsula Regional. In the summer of 2017, Wai commenced his role as a clinical staff pharmacist at LHAAMC.

Presently, Wai holds the position of clinical pharmacy specialist in general surgery at LHAAMC, where he also fulfills the role of Pharmacy Residency Program Coordinator. His professional passions encompass internal medicine and nutrition support. Outside of work, Wai enjoys indulging in various foods and taking naps.

Preceptor for: Pharmacotherapy, Internal Medicine I



Andre Allen, PharmD, received his Doctorate of Pharmacy from Howard University College of Pharmacy in 2014. He then completed his PGY-1 residency at Howard University Hospital. Andre is currently a clinical staff pharmacist for the inpatient oncology unit at LHAAMC. His professional interests include internal medicine and oncology. In his free time, he enjoys reading, traveling, and working out.

Preceptor for: Hematology and Oncology



Christian Bernhardt, PharmD, BCCP, currently serves as the Clinical Pharmacy Specialist in Cardiology at LHAAMC and is originally from Malverne, New York. His practice location includes patients in the Heart and Vascular Unit and those in the Cardiovascular Recovery Unit post-op from cardiac surgery. He earned his Doctor of Pharmacy from The University at Buffalo School of Pharmacy and Pharmaceutical Sciences and completed his PGY-1 and PGY-2 in cardiology training at the University of Maryland. He currently is also a Board-Certified Cardiology Pharmacist.

His professional interests include acute decompensated heart failure, chronic heart failure management, and post-op cardiac surgery care. During his spare time, Christian enjoys running after his kid(s), gardening, and training his Boston Terriers.

Preceptor for: Cardiology



Connor Floyd, PharmD, BCCCP, currently works as the Clinical Pharmacy Specialist in Critical Care at LHAAMC and is originally from Hickory, North Carolina. He received his Doctorate of Pharmacy from the University of South Carolina College of Pharmacy. Afterward, he completed his PGY-1 and PGY-2 in critical care at St. Joseph's/Candler Health System in Savannah, Georgia.

Connor's professional interests include anticoagulation, shock states, acid/base, and ACLS. In his free time, he enjoys playing the piano, spending time with friends, and taking care of his two cats, Raven and Minerva.

Preceptor for: Critical Care Medicine I, Critical Care Medicine II



Dana Hack, PharmD, received her Doctorate of Pharmacy from South University School of Pharmacy. She has over 10 years of experience in clinical outpatient hematology/oncology, and investigation drug services. Before moving to Maryland, she worked in a private oncology office in Georgia. After, relocating to the area in 2013, she transitioned to the outpatient hospital setting. Her professional areas of interest include hematology/ oncology, supportive care for oncology patients, clinical research, and pharmacy informatics.

Currently, Dana is the Clinical Pharmacy Manager for the Outpatient Infusion Pharmacy and oversees the investigational drug services at LHAAMC. In her spare time, she enjoys reading, crafting, and playing the piano.

Preceptor for: Outpatient Infusion



Erika Arato, PharmD, earned her Doctorate of Pharmacy from the University of Maryland School of Pharmacy, Baltimore. She completed her PGY-1 residency at TidalHealth Peninsula Regional Medical Center in Salisbury, MD. In 2023, Erika joined LHAAMC as the internal medicine clinical specialist.

Her professional interests include psychiatry, management of alcohol withdrawal, and management of COPD. In her free time, Erika enjoys rock climbing, reading, crocheting, and hanging out with her two residency cats, Frank and Riley. She is originally from Long Island, New York, and likes to find places with good New York-style pizza and bagels.

Preceptor for: Internal Medicine I & Internal Medicine II



Garrett Crawford, PharmD, obtained his Doctorate of Pharmacy from the University of Maryland School of Pharmacy. Following this, he pursued his PGY-1 residency at The Johns Hopkins Hospital, where he continued to specialize by completing a PGY-2 residency in Infectious Diseases. In 2024, Garrett joined LHAAMC as the Clinical Pharmacy Specialist in Infectious Diseases and Antimicrobial Stewardship.

Garrett's clinical practice interests include antimicrobial stewardship and Gram-negative resistance. Outside of work, he finds joy in traveling, exploring new culinary experiences with friends, and caring for his axolotl.

Preceptor for: Infectious Diseases and Antimicrobial Stewardship I & Infectious Diseases and Antimicrobial Stewardship II



Kristen Zak, PharmD, BCPS, CDCES, earned a Doctorate of Pharmacy from UCSF Pharmacy School in 2010. She then completed a PGY-1 pharmacy residency with a focus on Ambulatory Care at Kaiser Permanente in Union City, CA. She earned her Board Certification in Pharmacotherapy (BCPS) in 2011 and worked for Kaiser until 2020 in several Ambulatory Care clinics. Kristen became a Certified Diabetes Care and Education Specialist (CDCES) in 2019.

Kristen joined LHAAMC in 2021 as an ambulatory care clinical pharmacist. She works in multiple ambulatory care clinics, including Endocrinology, Primary Care, Advanced Internal Medicine, and Anticoagulation. In her free time, Kristen likes spending time with her family, cooking, and traveling.

Preceptor for: Ambulatory Care, Drug Therapy Management Clinic



Randi Jenkins, PharmD, BCPS, graduated with her Doctorate of Pharmacy from the University of Maryland, School of Pharmacy in 2019. She then went on to complete her PGY-1 residency at LHAAMC. After finishing her residency, she began her career as the clinical pharmacy specialist in the emergency department at LHAAMC where she has been ever since.

Her professional interests include anticoagulation, stroke, resuscitation, and process improvement. In her free time, she enjoys reading, watching *The Office*, and chasing her toddler and two cats.

Preceptor for: Emergency Medicine



Richard Jiang, PharmD, BCPS, BCIDP, earned his Doctorate of Pharmacy from the University of Maryland Eastern Shore - School of Pharmacy. Following this, he completed a PGY-1 residency at Peninsula Regional Medical Center. Richard commenced his professional journey as a clinical staff pharmacist at LHAAMC in 2017. By 2020, he transitioned to the position of clinical pharmacy specialist in infectious diseases. Subsequently, in 2024, he assumed the role of Luminis Health Clinical Pharmacy Manager.

Richard's professional interests encompass gram-negative resistance, pharmacy administration, and resident and student education. During his free time, he finds pleasure in cooking for friends, traveling, and spending quality time with his two dogs and son, Ryan.

Preceptor for: Infectious Diseases and Antimicrobial Stewardship I & Infectious Diseases and Antimicrobial Stewardship II



Sara Kreshpanji, PharmD received her Doctorate of Pharmacy from the University of Maryland School of Pharmacy in 2020. She then went on to complete a PGY-1 residency at Luminis Health LHAAMC. After finishing her residency, she stayed on as a Clinical Staff Pharmacist working primarily in the Oncology Unit.

In her spare time, she enjoys traveling, reading, and playing with her cat, Nova.

Preceptor for: Hematology and Oncology



Nirvana Maharaj, PharmD, BCPS, received her Doctorate of Pharmacy from the University of Maryland - School of Pharmacy in 2014. Upon graduation, she joined the clinical-staff pharmacist team at LHAAMC.

In 2020, Nirvana transitioned to her current role as the clinical informatics pharmacist where she primarily works with Epic, Pyxis ES, BD Pyxis Logistics, and IV pump systems. She enjoys using technology to integrate the clinical and operational aspects of pharmacy to provide safe, effective care for patients. In her free time, she enjoys playing with her dog Milo, and making plans for her next travel adventures.

Preceptor for: Informatics



Sumati Rao, PhD, RPh, CJCP, received her Doctorate in Pharmaceutical Sciences from the University of Cincinnati. She worked in drug development for pharmaceutical companies in India and was on the faculty at Ohio Northern University College of Pharmacy for 11 years where she taught courses in pharmaceutics and pharmacokinetics.

Currently, Dr. Rao is the Medication Safety Specialist where she works collaboratively with all members of the healthcare team to assess the medication management system, design solutions to system failures, institute practice changes, and provide pharmaceutical services that improve safety, efficacy, and cost-effectiveness. She contributes to the organization's just culture of safety and serves as one of the pharmacy experts to achieve compliance with the Joint Commission standards regarding medication management. In her free time, she enjoys reading, watching science fiction movies, and spending time with loved ones

Preceptor for: Medication Safety



Veronica Kerner, PharmD, BCACP, received her Doctorate of Pharmacy from Texas A & M Health Science Center College of Pharmacy in 2010. After graduation, she briefly worked in a retail pharmacy setting before transitioning to the LHAAMC Anticoagulation Clinic in 2012. She completed a certificate program in anticoagulation therapy management from the University of Southern Indiana College of Nursing and Health Professions in May 2013, obtained Board Certification in Ambulatory Care Pharmacy in 2019, and an ASHP Basics in Cardiology Certificate in August of 2022.

Veronica was the Anticoagulation Clinic supervisor for 5 years, until 2020, and now works as a part-time clinical pharmacist in the Ambulatory Care Services (ACS) department. Her practice focuses on outpatient medication management of anticoagulation therapy, diabetes mellitus, and cardio-metabolic disease states in collaborative practice with Luminis Health providers.

Preceptor for: Anticoagulation Services