

## Labor and Delivery & Postpartum Patient Meals

Luminis Health is committed to improving the health of the people and communities we serve. We are dedicated to meeting your dietary needs, evaluating your medical status and placing a diet order appropriate for your medical condition.

We offer a variety of selections and special dietary requests such as vegetarian, vegan, gluten-free and kosher meals.

When your provider orders a diet for you, our food attendant will be able to see your diet in the system and will visit your room to take your meal order.

A food attendant normally takes your meal order around **8:30AM onwards**. They will ask you to place your order for lunch, dinner and breakfast for the next day. If the food attendant is unable to take your order for reasons, feel free to call your designated attendant, **443-481-5675 (1st and 2nd Floor)** or **443-481-5676 (3rd Floor)**. Please place your order an hour before the meal delivery time, or earlier, so we can provide your meal in a timely manner.

### **Our meal delivery times generally are:**

Breakfast: 8:00AM – 8:30AM

Lunch: 12:00PM – 12:30PM

Dinner: 5:00PM – 5:30PM

If you were not able to place a meal order, you will automatically be provided with our pre-selected meal that meets your dietary specifications.

If you need further assistance, please call our Food Attendant Supervisor at **443-481-6835**.



### **LIVE FEEDBACK!**

We would love to hear from you while you are in the hospital.

Please visit <https://luminis.health/MBUnutrition> or scan the QR Code and let us know about your experience.





## WHAT TIME ARE FOOD ATTENDANTS AVAILABLE?

- Food Attendant is available 7AM-6:30PM each day.

## CAN I STILL PLACE AN ORDER AFTER HOURS?

- If it is a pre-order for breakfast the next day, **yes**. Call your designated Food Attendant's number (443-481-5675 for 1<sup>st</sup> and 2<sup>nd</sup> Floor or 443-481-5676 for 3<sup>rd</sup> Floor) and leave a voicemail of your order, name and room number.
- If the order is for hot meal after hours, **no**. Unfortunately, our staff is only available between 7AM-6:30PM. However, there is a nourishment room located on your floor where there are cold sandwiches and salads available in the fridge.

## WHAT VEGETARIAN/VEGAN OPTIONS DO YOU HAVE?

- Our selection of vegan/vegetarian varies, it depends on in-house availability, same with gluten-free and kosher selections. It is best to call your attendant to know what is available.

## WHAT IF I HAVE MANY FOOD ALLERGIES?

- We are using food software that filters out food allergies. Make sure to communicate to your nurse to update your profile in the system.

## DO YOU SERVE SNACKS?

- There are light snacks and beverages available in the nourishment room.
- There are also vending machines on the first floor near the Clatanoff Information Desk.

## CAN I ORDER FOOD OUTSIDE THE HOSPITAL (DOORDASH/UBER EATS)?

- Yes, delivery service can deliver food to the Hospital. Inform your delivery person to deliver your order to **CLATANOFF BUILDING NEAR GARAGE C** and drop off the food at the Hospital Pavilion Information Desk. Your care partner will need to pick up your order at the Information Desk; for security purposes we don't allow the delivery person to go to your unit.

## WHAT ARE THE HOURS OF THE CAFETERIA?

- Southport Eatery:  
Monday – Friday 6:30AM-7PM, 11:30PM-3AM  
Weekends and Holidays 6AM-6PM, 11:30PM-3AM
- Coffee Shop:  
Monday – Friday 6:30AM-8PM  
Weekends 6:30AM-2PM  
Closed on Holidays

## WHERE IS YOUR CAFETERIA LOCATED?

- Our cafeteria is located on the lower level near the Emergency Department. See map.

