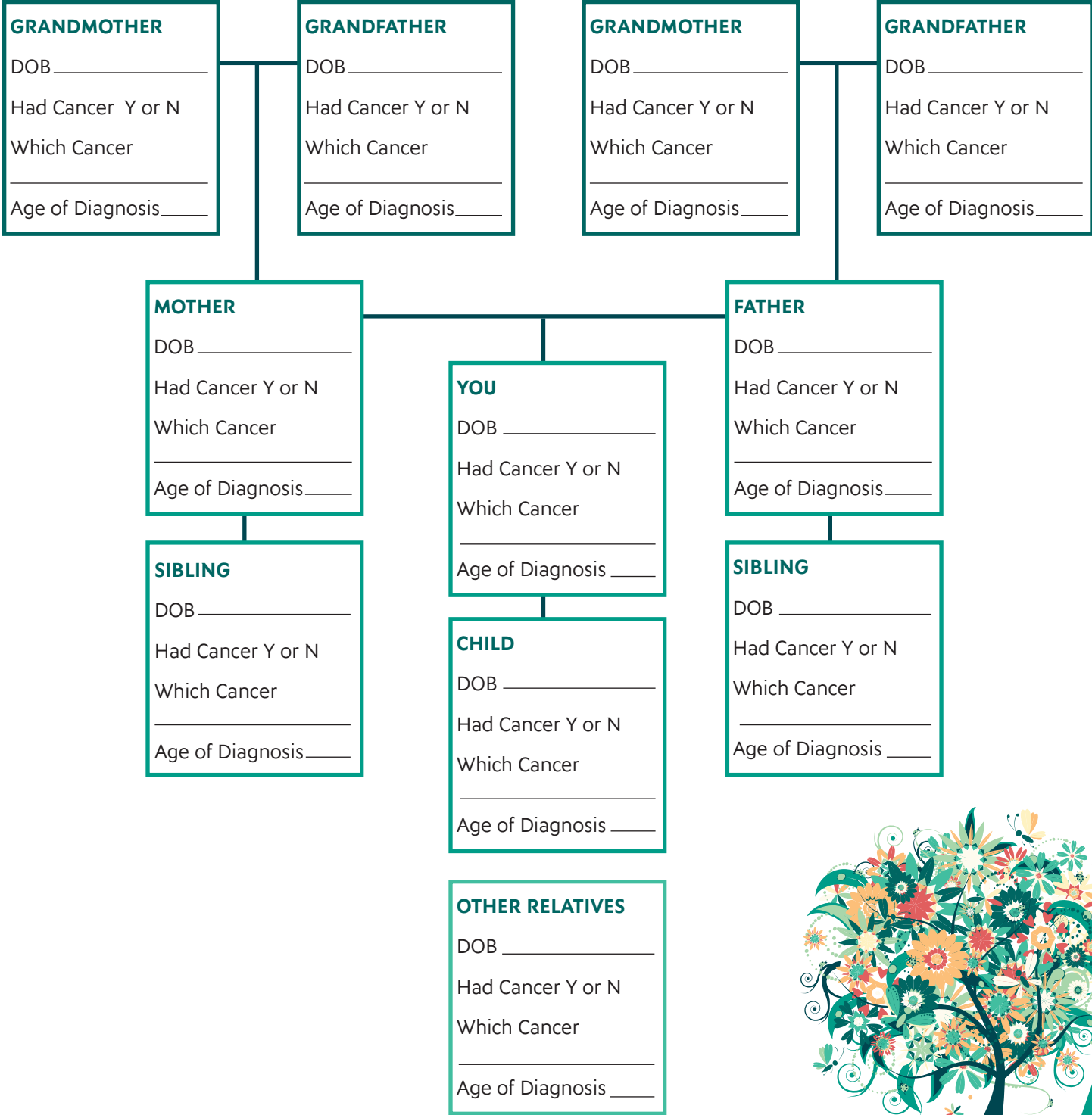


# Chart your Family Health



# When to talk to a Genetic Counselor

Everyone should talk to their primary care provider about their family history to figure out what cancer screening is right for them. Some people should talk to a cancer genetic counselor about genetic testing for hereditary cancer. If you answer yes to any of the following questions, genetic counseling may be useful for you:

- Have you or a close relative been diagnosed with cancer before 50 years old, including breast cancer, colorectal cancer, kidney cancer, uterine cancer, or sarcoma?
- Do you have more than one relative with the same type of cancer? If yes, is the same type of cancer found in more than one generation?
- Has anyone in your family had a rare type of cancer such as male breast cancer, ovarian cancer, pancreatic cancer, metastatic prostate cancer, adrenocortical cancer, pheochromocytoma, or paraganglioma?
- Has anyone in your family had more than one type of cancer (not counting basal cell or squamous cell skin cancers)?
- Some organs, such as the breast, kidney, and eye, come in pairs. Has anyone in your family had cancer on both sides of a pair of organs?
- Have you or a close relative had more than 20 colorectal polyps found on colonoscopy?
- Are you related to someone who is known to have an inherited mutation that can increase risk for cancer?

**Contact us for more information or to schedule an appointment**

Phone: 443-481-5081

Web: [luminishealth.org/en/services/genetic-counseling](https://luminishealth.org/en/services/genetic-counseling)